

Writing

I know how to hold a pencil to write effectively •
I know how to form legible lower case letters
I know how to form legible capital letters
I know that I need spaces between words
I know that a sentence starts with a capital letter
I know that a sentence should end with a full stop
I know what a sentence is
I know how to use my phonic knowledge to spell words
I know I need to read my work to check it makes sense
I know I need to say a sentence before I write it

Geography

I know what physical features and human features are.
I know that a map is a picture or a photo of a place from above.
I know about changes in the locality and can talk about ways to improve it (eg the school environment)
I know I like and dislike about a place or environment
I know how to draw a simple map or plan

PSHE

Team

I know the teams I belong to.
I know how to be a good listener.
I know how to be kind and why it is important.
I know and can talk about unkind behaviour like
I know how to be a positive learner.
I know good and not-so-good choices.

In a Land Far Away...

Year 1 Medium Term Plan

Autumn 1 2026

Knowledge

Science

I know the names of the different parts of a plant – stem, leaf, flower, petal, root, shoot
I know the function of each part of a plant.
I know what a plant needs in order to survive – light, food, water and air
I know the difference between deciduous and evergreen trees.

Maths

Place Value

I know how to count forwards and backwards to 10 and 20.
I know how to represent numbers from 11-20
I know how to compare numbers using language, symbols and objects.
I know how to order numbers and objects.

Addition

I know my number bonds to 10.
I know how to add more and count on.

History

I know the difference between past and present
I know how to place events in order on a time line
I know how to sort objects into 'then' and 'now'
I know how to sequence events and recount changes within living memory
I know about events/ people in the past and can retell some of these.

Music

Moving and Grooving

- I know the difference between a rhythm pattern and a pitch pattern.
- I know how to move a steady beat and match the speed of my movements to the changing tempo.
- I know how to keep a steady beat with body percussion or percussion instruments.
- I can move or dance in time with the music.
- I listen to and copy a rhythm pattern.
- I know how to play a short repeating rhythm pattern to a steady beat.

RE

- I know and recognise the symbol associated with Hinduism (Aum)
- I know that followers of Hinduism believe in Brahman (the highest God)
- I know the name of place of worship for Hindus (Mandir)
- I can identify the Hindu holy book and know how it should be treated (Vedas)
- I know that Hindus celebrate Diwali.

Computing

- I know where the letters and common punctuation marks are on a keyboard.
- I know that my work can be saved as a file.
- I know how to save my work with my name.

In a Land Far Away...

Year 1 Medium Term Plan

Autumn 1 2026

Knowledge

Art

- I know primary colours make secondary colours (*Red + Yellow = Orange, Blue + yellow = green, Red + Blue = Purple*).
- I know that adding white will create a tint.
- I know that adding black will create a shade.
- I know that adding grey will create a tone.
- I know the names of poster paint and watercolour paint (block paint).

Physical Education

- I know that looking ahead will help me to balance.
- I know that if I swing my arms it'll help me to run faster.
- I know that bending my knees will help me to change direction.
- I know that landing on the balls of my feet will help me to land with control.
- I know that I should use the opposite arm to leg to help me skip.

Design Technology

- I know that it is important to design a product before making to ensure that thought has gone into its purpose and outcome.
- I know the names of a range of construction and joining material
- I know the name of a slider and lever.
- I know how to operate a slider and lever.
- I know that different mechanisms create different movements.
- I know what construction material is appropriate for my product.
- I know what makes a freestanding structure stronger, stiffer and more stable.

Cooking

- I know that I need to eat 5 portions of fruit and vegetables per day.
- I know how to use simple cutting tools to prepare soft fruit and vegetables.