

Science

- Plants- Observing and naming different parts of a plant
- Growing hardy vegetables such as cabbage and broccoli

Art and Design Technology

Exploring Artists e.g. Claude Monet, Paul Gauguin and Hiroshige and creating own winter landscapes inspired by their art work

Cooking and Nutrition- Making healthy soup and snacks

Computing

- Digital Painting- Creating own pictures on the iPads using APP's such as Scribbaloo and Sketchbook

Physical Education

- Gymnastics- Using the mats and apparatus to explore balancing and rolls.

Let's get Healthy!

Year 1 Medium Term Plan

Spring 1 2023

Activities

RE/PSHE

RE- Who is Jewish and how do they live?

PSHE- Dreams and Goals (Jigsaw)

Making New Year's Resolutions and Targets

Music

Charanga- In the Groove – listening to six different styles; Blues, Baroque, Latin, Bhangra, Folk and Funk.

Humanities

History – Toys – looking at and comparing toys from now and then.

Geography – Sustainability – looking at ideas on how to improve the local environment, awareness of how to look after our future planet (turning off taps/lights and recycling and reusing items that would ordinarily go into the rubbish.

Science

I know the names of the different parts of a plant – stem, leaf, flower, petal, root, shoot

I know the function of each part of a plant.

I know what a plant needs in order to survive – light, food, water and air

I know the difference between deciduous and evergreen trees.

Physical Education

I can explain that food gives us energy to move around.

I can talk in simple terms about what might happen to my body and my teeth if I eat too much unhealthy food.

I can explore basic shapes straight, tuck, straddle, pike.

I can perform balances making my body tense, stretched and curled.

I can explore barrel, straight and forward roll progressions.

I can explore shape jumps including jumping off low apparatus.

Computing

Use technology purposefully to create digital content.

I can save my work and then open it from its saved location.

I can use different tools to create digital art. E.g. size of brush, fill and shapes

Art and Design Technology

I can name some artists, and make observations about their work.

I know that an artist is somebody who creates artwork.

I know that artists create artwork in different styles and mediums.

Music

I can listen to and discuss different styles of music.

I can identify the notes C and D.

I can name and play a musical instrument – Boomwhackers.

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Year 1 Medium Term Plan

Spring 1 2023

Skills

RE/PSHE

I can recognise things that I do well

I can explain how I learn best

I can celebrate an achievement with others

I can recognise my own feelings when faced with a challenges and obstacles

I can recognise how I feel when I overcome an obstacle

I can say why it might be good for Jewish people to remember and/or thank God

I can say how some Jewish people use mezuzot

I can say what the Shema is

Humanities

I can sort objects into 'then' and 'now.

I use artefacts, pictures, stories, the Internet and databases to investigate the past.

I can use sources to answer simple questions I can talk about and sort objects from 'then' and 'now', and describe similarities and differences

I know that people can damage places (eg litter in school).

I know about changes in the locality and can talk about ways to improve it (eg the school environment).

I can describe what I like and dislike about a place or environment.