Central Spring TUESDAY WEDNESDAY **THURSDAY** FRIDAY MONDAY Summer 2025 **WEEK ONE** Macaroni BBQ Chicken Pizza Pork or Chicken Sausage, Spaghetti Fishfingers or Salmon Fishfingers **Option One** Cheese with Salads Roast Potatoes & Gravy Bolognaise with Chips & Tomato Sauce 28/04/2025 **NEW** Chefs Special Chickpea Curry Cheese & Bean Pasty Tomato and Mild Mexican Roasted Quorn, with Chips & Tomato Sauce **Option Two** Lentil Pasta Chilli with Rice Roast Potatoes, & Gravy with Rice 19/05/2025 16/06/2025 Jacket Potato with Cheese. Ham Baguette Jacket Potato with Cheese, Jacket Potato with Cheese, Cheese Baguette **Option Three** 01/07/2025 Baked Beans or Tuna Baked Beans or Tuna Baked Beans or Tuna Mayonnaise Mayonnaise Mayonnaise 01/09/2025 **Vegetables** 15/09/2025 Vegetables of the Day Vegetables of the Day Vegetables of the Day Vegetables of the Day Baked Beans and Peas 06/10/2025 Spanish Orange and Cinnamon Apple Summer Lemon Fruit Strawberry Jelly Dessert Platter with Mandarins Flapjack Cake Cookie **WEEK TWO** Lentil and Sweet Pork or Chicken Hot Dog with Roast of the Day Stuffing, Chefs Special Battered Fish with Chips & **Option One** Potato Curry Wedges & Tomato Sauce Roast Potatoes, & Gravy Chicken and Chickpea Korma with Tomato Sauce with Rice Rice 05/04/2025 Vegan Hot Dog with Wedges & Vegetable Soya Roast, Spaghetti and Cheese and Tomato Quiche with Cheese and 02/06/2025 **Option Two** Tomato Pizza Stuffing, Roast Potatoes & Tomato Sauce Meatballs Chips with Salads Gravv 23/06/2025 07/07/2025 **Option Three** Ham Wrap Jacket Potato with Cheese, Baked Tomato Pasta Jacket Potato with Cheese, Baked Cheese Baguette Beans or Tuna Mayonnaise Beans or Tuna Mayonnaise 08/09/2025 **Vegetables** 22/09/2025 Vegetables of the Day Vegetables of the Day Vegetables of the Day Vegetables of the Day Baked Beans and Peas 13/10/2025 Dessert Iced Vanilla Sponge **NEW** Strawberry and Apple Freshly Chopped Peaches and Vanilla Crumble with Custard Fruit Salad Ice Cream Shortbread YAMAS **NEW** Green Thai Chicken Curry Roast Turkey, Stuffing, Roast Smokey Bean Burger with Potato Breaded Fish **Option One WEEK THREE** Wedges with Rice Potatoes & Gravy **NEW** Greek Macaroni Pastitsio and Chips (beef) with Greek Salad and Tzatzil **NEW** Chefs Special Veg Wellington, Stuffing Spinach and Cheese Whirl with All Day Vegetarian Breakfast Classic Vegan Bolognaise Five Bean Roast Potatoes & Gravv Rice, Greek Salad and Tzatziki **Option Two** 12/05/2025 Jollof Rice 09/06/2025 Jacket Potato with Cheese, Baked Jacket Potato with Cheese, Baked Cheese & Broccoli Pasta Cheese Wrap Ham Baguette 30/06/2025 **Option Three** Beans or Tuna Mayonnaise Beans or Tuna Mayonnaise 25/08/2025 15/09/2025 **Vegetables** Vegetables of the Day Vegetables of the Day Seasonal Salad Bar Baked Beans and Peas Vegetables of the Day 29/09/2025 Dessert Cheese and Crackers Pear & Cocoa Upside Down Cake Fruit Medlev Jam and Coconut Sponge Oaty Cookie ALLERGY INFORMATION: **MENU KEY** Wholemeal hef's Special **Halal If you would like to know about particular allergens in foods please Added Plant Protein ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked Available Daily: - Bread freshly baked on site daily-Daily salad selection - Fresh Fruit and Yoghurt to complete a form to ensure we have the necessary information

to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.

