Writing

I know how to hold a pencil to write effectively

I know how to form legible lower case letters

I know how to form legible capital letters
I know that I need spaces between
words

I know that a sentence starts with a capital letter

I know that a sentence should end with a full stop

I know what a sentence is

I know how to use my phonic knowledge to spell words

I know I need to read my work to check it makes sense

I know I need to say a sentence before I write it

Geography

I know what physical features and human features are. I know that a map is a picture or a photo of a place from above.

I know about changes in the locality and can talk about ways to improve it (eg the school environment)

I know I like and dislike about a place or environment

I know how to draw a simple map or plan

PSHE

I know the rights and responsibilities of a member of our class

I know that my views are important

I know that my choices have consequences

I know my own rights and responsibilities within the classroom.

In a Land Far Away...

Year 1 Medium Term Plan

Autumn 1 2025

Knowledge

Science

I know how to identify and name a variety of everyday materials including wood, plastic, glass, metal, water and rock.

I know a variety of everyday materials and can describe some of their properties.

Maths

Place Value

I know how to count forwards and backwards to 10 and 20.

I know how to represent numbers from 11-20

I know how to compare numbers using language, symbols and objects.

I know how to order numbers and objects.

Addition

I know my number bonds to 10.

I know how to add more and count on.

History

I know the difference between past and present

I know how to place events in order on a time line

I know how to ort objects into 'then' and 'now'

I know how to sequence events and recount changes within living memory

I know about events/ people in the past and can retell some of these.

Music

I know how images can be used to convey sound and can structure this into a graphic score.

I know how to control sounds (louder, quieter, faster slower).

I know what the terms pitch and tempo mean.

I know how to follow simple performance indications for start, stop.

I know how to play and accompany singing with actions and body sounds to a steady pulse.

I know simple musical terms and can use them when talking about music for example: louder/quieter; faster/slower; higher/lower.

RE

I know and recognise the symbol associated with Hinduism (Aum)

know that followers of Hinduism believe in Brahman (the highest God)

I know the name of place of worship for Hindus (Mandir)

I can identify the Hindu holy book and know how it should be treated (Vedas)

I know that Hindus celebrate Diwali.

Computing

I know where the letters and common punctuation marks are on a keyboard.

I know that my work can be saved as a file.

I know how to save my work with my name.

In a Land Far Away...

Year 1 Medium Term Plan

Autumn 1 2025

Knowledge

Art

I know primary colours make secondary colours (Red

- + Yellow = Orange, Blue + yellow = green, Red + Blue
- = Purple).
- I know that adding white will create a tint.
- I know that adding black will create a shade.
- I know that adding grey will create a tone.
- I know the names of poster paint and watercolour paint (block paint).

Physical Education

I know that looking ahead will help me to balance.

I know that if I swing my arms it'll help me to run faster.

I know that bending my knees will help me to change direction.

I know that landing on the balls of my feet will help me to land with control.

I know that I should use the opposite arm to leg to help me skip.

Design Technology

I know that it is important to design a product before making to ensure that thought has gone into its purpose and outcome.

- I know the names of a range of construction and joining material
- I know the name of a slider and lever.
- I know how to operate a slider and lever.
- I know that different mechanisms create different movements.
- I know what construction material is appropriate for my product.
- I know what makes a freestanding structure stronger, stiffer and more stable.

Cooking

- I know that I need to eat 5 portions of fruit and vegetables per day.
- know how to use simple cutting tools to prepare soft fruit and vegetables.