

Foundation Stage – Spring 1

2025 - 2026 – Knowledge

Superheroes

Books

Zog and the Flying Doctors, Emergency, The Train Ride, Postman Pat, Look Inside the Farm, A Superhero Like You

Understanding the World

Science

I know some signs of Winter
I know how to keep myself healthy
I know how to clean my teeth
I know how to wash my hands

History

I know emergency services were different in the past
I know that emergency vehicles were different in the past

Geography

I know a train travels on land
I know a plane travels in the air
I know a boat travels on water

RE

I know what the Sikh symbol is.
I know where Sikhs go to worship.
I know a Sikh story.

Literacy

I know some common nursery rhymes.
I know some words that rhyme with each other.
I know how to look after books when I am turning the pages.
I know a sentence has a capital letter, full stops and finger spaces.
I know how to write a simple sentence.
I know the sounds j,v,w,x,z,zz,qu,ch
I know the tricky words: he, was, me, we
I know how to blend 3 letter words.
I know how to form the letters correctly that I have been taught.

Maths

I know the numbers 6,7 and 8
I know how represent these numbers using objects.
I know how to subitise to 5.
I know how count carefully.
I know how to find one more and one less of these numbers.
I know how what mass, capacity, length and height are and how we can measure them.
I know how to order the events in my day.

Expressive Arts

Art

I know how to use simple art tools such as glue sticks and paint brushes.

I know that if I mix colours together it makes a different one.

I know how to use the collage materials to make a picture.

Design and Technology

I know how to join materials together using glue and sellotape.

I know how to make and follow a plan

Music

I know the words to some nursery rhymes and can sing along to them.

I know what tempo, pitch and rhythm are and I know when they have changed.

I know how to compose my own piece of music.

PSED

I know how stay motivated when trying something challenging.

I know how to work well with other people.

I know how to achieve my goals.

PE

I know how to move in time to music.

I know how to put my movements together to create a routine.